

# ESSEX UNITED SOCCER CLUB

## Commitment Guidelines:

Attached are guidelines that establish club level expectations for players making travel level teams within the Essex United Soccer Club.

Essex United prides itself in building competitive teams to participate in the Champlain Valley Soccer League and or the Green Mountain Soccer League and should be viewed as a step-up from recreational level soccer in the area.

These guidelines are meant to assist head coaches in setting the foundation for expectations at both practices and games.

1. It should be expected that players attend all scheduled practices and games. As Essex United does not guarantee “equal playing time” coaches determine playing time based on player commitment to the team for scheduled events.
2. Minimum expectations (75% of practices and 90% scheduled games). Coaches may alter or provide flexibility to players with conflicts at their discretion.
3. Players not meeting the expectations of the coach may be re-assigned to lower level teams after approval of the Essex United head coach coordinator. This will allow teams to move up players with a greater amount of commitment to backfill rosters.
4. Parents should review these guidelines and expectations prior to team selections and communicate problems to the Head Coach of the team.

## **NOTE:**

It is not the intent of Essex United to prohibit players from participating in other activities. It is the expectation that every player provide a serious commitment to the team as absence may result in poor team morale and or forfeits from games and tournaments.

It should be every coach's; parent's, and player's understanding that commitment is more important than skill when building team foundations.